



RMT's Return to Practice - BC's Phase 2 Restart Plan - COVID-19 Update -

Beginning the week of May 19th, 2020, as part of BC's Provincial Phase 2 Restart Plan, Registered Massage Therapy along with other regulated health professions have been given approval to resume work under enhanced safety protocols.

Closely following CMTBC and WorkSafeBC safety protocols and guidelines, the Burnaby Healing Centre has implemented all necessary safety measures to ensure the health of our team members and patients. This includes rigorous cleaning schedules, pre-treatment health screening, physical distancing measures and Personal Protective Equipment (PPE). During the shutdown we had the clinic repainted and had professionally sanitized (~ 13 hours).

It is our goal to create the lowest risk environment possible by taking appropriate steps to minimize the risk of viral transmission that causes COVID-19. Any massage therapy treatment involves some risk of transmission and patients will need to give consent to treatment despite risks involved.

New Mandatory Clinic Guidelines

Booking Your Appointments

- Continue to book by phone with your practitioner.
- Reschedule immediately if you begin to feel unwell leading up to your appointment.
- Follow mandatory 14-day self-isolation before booking appointment if you or your family members have travelled outside BC within the past 14 days, or if you have been in contact with a suspected, probable or confirmed case of COVID-19.
- Pre-Screening will be required the day before your appointment. You will receive Instructions by text or a phone call.
- Informed Consent/In-Person Screening will be conducted with your practitioner at the time of your appointment; your temperature will be taken, and signature will be required.

Arriving at the Clinic

- Arrive at the clinic no more than 5 mins before your appointment time.
- Call or text your practitioner when you arrive and wait in your car until you receive communication back instructing you to enter the building.
- Your practitioner will meet you upstairs at the front door of the clinic and escort you into the treatment room.
- Wear a mask to your appointment if you have one.
- Attend your appointment alone if possible.
- Only bring into the clinic personal possessions of keys, payment and cellphone.
- Payment, health pre-screening, charting and rebooking appointments will be done inside the treatment room.

We ask patients to weigh the benefits of massage to the risks of viral transmission before scheduling their appointments.

THANK YOU for your continued patronage.

- Burnaby Healing Centre -